

# Pharmacokinetics and Paw Withdrawal Pressure in Female Guinea Pigs (*Cavia porcellus*) Treated with Sustained-Release Buprenorphine and Buprenorphine Hydrochloride

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Providing appropriate analgesia is essential in minimizing pain and maintaining optimal animal care and welfare in laboratory animals. Guinea pigs are common animal models in biomedical research, often requiring analgesic support. Here we evaluated the pharmacokinetics and efficacy of a sustained-release formulation of buprenorphine (Bup-SR) in this species. Guinea pigs ( $n = 7$  each group) received either Bup-HCl (0.05 mg/kg BID for 3 d) or Bup-SR (0.3 mg/kg once). Plasma collection and measurement of paw-withdrawal pressure (PWP) was conducted at 0, 1, 3, 6, 12, 26, 48, and 72 h after treatment. Plasma levels of Bup-HCl peaked at 2331 pg/mL at 1 h after administration and declined to 165 pg/mL by 12 h. Plasma concentrations of Bup-SR peaked at 1344 pg/mL at 26 h after administration and declined to 429 pg/mL by 48 h. The PWP of the Bup-HCl-treated guinea pigs peaked at 674 g at 1 h and declined to 402 g at 6 h, whereas that of Bup-SR-treated guinea pigs at 1 h was 361 g, 555 g at 6 h (significantly higher than that after Bup-HCl), and peaked at 680 g at 12 h. The PWP of both treatments was similar from 24 to 72 h and ranged from 348 to 450 g. The plasma concentration and PWP showed good correlation. These results suggest that Bup-SR provides consistent analgesia equivalent to that of Bup-HCl for a prolonged period of time and that Bup-SR is an alternative method of analgesia in guinea pigs.

**Abbreviations:** Bup, buprenorphine; SR, sustained release; PWP, paw-withdrawal pressure; RS, Randall–Selitto

Providing appropriate analgesia is essential in minimizing pain and maintaining optimal animal care and welfare in laboratory animals. Roughly 170,000 guinea pigs were used in research in 2014,<sup>34</sup> making them a common species used in research under the Animal Welfare Act, and more than 29,000 guinea pigs were listed as undergoing procedures in which pain or distress was mitigated.<sup>34</sup> Buprenorphine (Bup) acts as a partial agonist at the  $\mu$ -opioid receptor and as an antagonist at the  $\kappa$ -opioid receptor and is often used to reduce pain in laboratory rodents.<sup>14,21</sup> Buprenorphine is 25 to 50 times more potent than morphine<sup>13</sup> and is advantageous due to its relatively slow dissociation from the opioid receptors, minimal side effects, and decreased induction of drug dependence compared with other opioids.<sup>12,14,22</sup> Buprenorphine hydrochloride (Bup-HCl) treatment is an effective analgesic in rodents, as demonstrated by the decreased changes in food and water intake, body weight, and ambient locomotor activity after experimental surgery.<sup>4,10,28</sup> Despite the frequent use of the drug, the duration of action of Bup-HCl in rodents is a topic of discussion, with some suggesting that these species might need more frequent dosing than the frequently published intervals to maintain therapeutic levels.<sup>16,23</sup> Multiple dosing may increase unwanted handling stress,<sup>3</sup> leading to behavioral changes and altered research results. A single subcutaneous dose of sustained-release formulations of buprenorphine (Bup-SR) provide analgesia for 48 to

72 h in other rodent species,<sup>7,11,15,23,24</sup> thereby decreasing animal handling and providing more consistent analgesia.

This study compares the pharmacokinetics of Bup-HCl and Bup-SR in guinea pigs over a 72-h period and assesses efficacy by using the Randall–Selitto (RS) assay. Our hypothesis was that a one-time administration of Bup-SR would provide equivalent, consistent, but longer lasting analgesia than Bup-HCl, according to withdrawal responses to linearly increasing force.

## Materials and Methods

**Animals.** Female Dunkin–Hartley guinea pigs (weight, 350 g) were obtained from Charles River Laboratories (Wilmington, MA). Guinea pigs were free of Sendai virus, lymphocytic choriomeningitis virus, pneumonia virus of mice, guinea pig adenovirus, guinea pig reovirus, *Helicobacter* spp., *Mycoplasma pulmonis*, and ectoparasites. Animals were group-housed at 4 or 5 per cage, with unrestricted access to Teklad Global Guinea Pig Diet 2040 (Envigo, Madison, WI) and filtered sterilized water. They were allowed to acclimate to housing conditions for 1 wk prior to 1 wk of training before initiating studies. Guinea pigs were maintained on a 12:12-h light:dark cycle at a room temperature of 21 to 24 °C. All experimental procedures were IACUC-approved.

**Study design.** The 14 female guinea pigs were randomized into 2 equal groups of 7 animals. Prior to experimentation, guinea pigs were acclimated daily for 5 d to restraint for venipuncture and PWP restraint and testing. One group received Bup-HCl (0.05 mg/kg; 0.3 mg/mL, Ricket Benckiser Healthcare, London, England) twice daily for 60 h, whereas the other group received one injection of Bup-SR at 0.3 mg/kg (Buprenorphine SR-LAB 1

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mg/mL, Zoopharm, Windsor, CO), followed by equal volumes of sterile saline every 12 h for 60 h. Injections were given subcutaneously in the interscapular region.

Blood collection and PWP testing were conducted on all guinea pigs at the 0-h time point and then on 3 guinea pigs per group at 1, 3, 6, 12, 26, 48, and 72 h after treatment with Bup-HCl or Bup-SR (Figure 1). Venipuncture and PWP was performed immediately prior to Bup-HCl or saline injection at the 12-, 48-, and 72-h time points. All guinea pigs were weighed at 0 and 72 h. A 2-wk washout period was given before conducting the second trial in a crossover design. The personnel collecting blood and performing PWP (BS, DW) were blinded to the study groups throughout the study.

**Plasma collection and analysis.** Immediately after PWP testing, 200  $\mu$ L of blood was collected from the jugular vein, stored in a heparinized microcentrifuge tube (Becton Dickinson and Company, Franklin Lakes, NJ), and placed on ice until centrifugation. The blood was centrifuged at  $10,000 \times g$  for 10 min, and plasma was stored at  $-80^\circ\text{C}$  for later analysis. Anesthesia with isoflurane was used when manual restraint was insufficient; isoflurane was used on 5 separate occasions throughout the experiment.

Plasma concentrations of Bup were determined by performing liquid chromatography and tandem mass spectrometry on 50  $\mu$ L of plasma.<sup>23</sup> Briefly, samples were prepared by using a liquid-liquid extraction method with methyl tert-butyl ether and reconstitution in acetonitrile and ultrapurified water. Positive-ion electrospray ionization mass spectra were obtained by using a triple quadrupole mass spectrometer (AB SCIEX Q-TRAP 6500, SCIEX, Framingham, MA) with a turbo ionspray source interfaced with a Nextera MP Ultra HPLC with a SIL-30ACMP multiplate autosampler system (Shimadzu, Kyoto, Japan). The lower limit of detection for the analysis was 25 pg/mL. Pharmacokinetic analysis was performed by using Phoenix WinNonlin software (Pharsight, Cary, NC).

**PWP testing.** PWP testing was conducted by using a modified RS assay. Guinea pigs were fully restrained in a modified large rat sling suit (IITC Life Science, Woodland Hills, CA). Prior to toe pinching, guinea pigs were given 1 min to acclimate to the sling. Pressure to the plantar surface of the left hindpaw was gradually and constantly increased by using an RS electronic algometer (IITC 2500 Digital Paw Pressure Meter, IITC Life Science) until the animal withdrew the paw. The point of application on the hindpaw (Figure 2) and the experimenter (BS) were consistent throughout the study. The paw pressure applicator is labeled for a maximum force of 800 g and accuracy of 0.5%. The maximum amount of force (g) at the time the animal flinched was recorded. To prevent equipment damage, application was discontinued after 750 g of force, even when the animal never flinched.

**Statistical analysis.** Repeated-measures analysis was done by using the Proc Mixed protocol of SAS (SAS Institute, Cary, NC). Separate models were fit with paw pressure or pharmacokinetics as the response. Fixed effects included treatment (Bup-HCl or Bup-SR), time (0, 1, 3, 6, 12, 26, 48, or 72 h) and group $\times$ treatment interaction. The animal's identification number was included as a random effect to account for repeated measures. Pharmacokinetic values below the limit of detection were replaced with the minimal value of 12.5. For PWP analysis, a random treatment $\times$ animal interaction term was added to the model to account for the crossover design. When comparing PWP data at various time points with baseline for each group, Dunnett adjusted *P* values were used. *P* values less than 0.10 were considered statistically significant. Spearman rank

Guinea pigs	Time (h) after 0-h drug administration							
	0	1	3	6	12	26	48	72
1 and 8	X	X		X		X		
2 and 9	X		X		X		X	
3 and 10	X	X		X				X
4 and 11	X		X			X		X
5 and 12	X		X	X	X		X	
6 and 13	X				X			X
7 and 14	X	X				X	X	

**Figure 1.** Time line of blood collection and PWP testing. Guinea pigs 1 through 7 received Bup-HCl; guinea pigs 8–14 received Bup-SR; 3 animals were tested per time point.

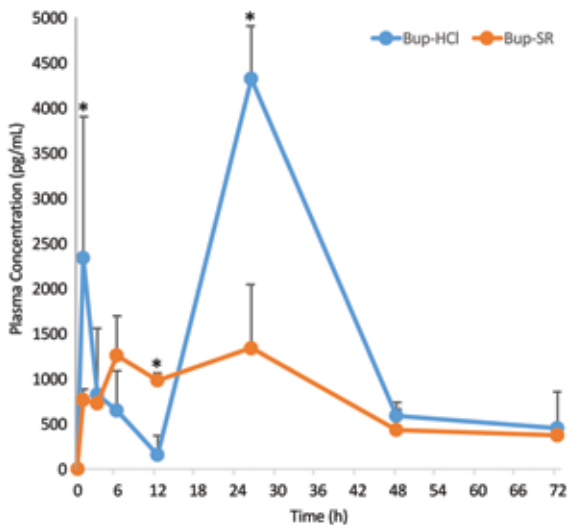


**Figure 2.** The site at which the algometer was applied on the left hindpaw.

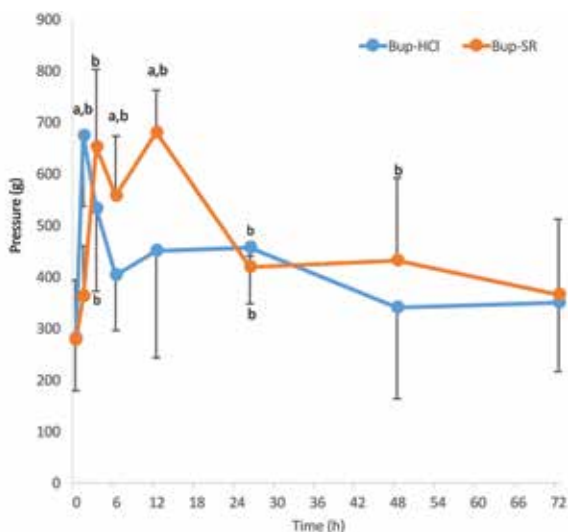
correlation was used to determine whether plasma concentration correlated with PWP.

## Results

**Pharmacokinetics.** The average Bup plasma concentrations of guinea pigs treated with Bup-HCl every 12 h and Bup-SR over the 72 h period are shown in Figure 3. Baseline values (0 h) of all guinea pigs were below the lower limit of detection. At 1 h, the plasma concentrations (mean  $\pm$  1 SD) of Bup-HCl reached  $2331 \pm 1573$  pg/mL and declined to  $165 \pm 205$  pg/mL by 12 h. As expected, the concentration of the sample collected 2 h after administration was high, at  $4323 \pm 586$  pg/mL, and samples collected at 48 and 72 h were near the 12-h nadir. The plasma concentrations of Bup-SR steadily increased from  $777 \pm 109$  pg/mL at 1 h to  $1261 \pm 435$  pg/mL at 6 h and peaked at  $1344 \pm 701$  pg/mL at 26 h. Plasma concentrations of Bup-SR-treated guinea pigs at 48 and 72 h were near the 12-h nadir of Bup-HCl. Plasma concentrations at 1, 12, and 26 h differed significantly ( $P = 0.003$ ,  $P = 0.098$ , and  $P < 0.001$ , respectively). Noncompartmental



**Figure 3.** Plasma concentration (mean  $\pm$  1 SD [error bars]) of Bup after dosing with Bup-HCl (0.5 mg/kg BID) or Bup-SR (0.3 mg/kg once) in guinea pigs. Three guinea pigs were sampled at each time point. Bup-HCl samples were analyzed 12 h after administration, representing the nadir plasma levels; except at the 26-h time point, samples were collected 2 h after the 24-h drug administration. \*,  $P < 0.09$ .



**Figure 4.** Amount of pressure (mean  $\pm$  1 SD [error bars]) applied to the left hindpaw to measure the withdrawal response of guinea pigs treated with either Bup-HCl or Bup-SR. Six guinea pigs were sampled at each time point. a, significant ( $P < 0.09$ ) difference between treatment groups; b, significant ( $P < 0.07$ ) difference compared with baseline value within the group.

analysis (Table 1) was performed on Bup-HCl for the first 12 h only because the plasma concentration reached a nadir at that point. As expected, Bup-HCl had a much shorter half-life (6.6 h) than that of Bup-SR (25.3 h). In addition, exposure (as determined by AUC) during the first 12 h was increased nearly 3-fold with Bup-SR compared with Bup-HCl. Clearance times were shorter for Bup-SR. The pharmacokinetic data are derived from the second trial only because data from the first trial were obtained and stored inconsistently.

**PWP analysis.** The amount of pressure applied to the paw correlated well ( $r = 0.62$ ) with plasma Bup concentrations. Guinea

pigs treated with Bup-HCl had significantly ( $P < 0.01$ ) higher PWP measurements at 1, 3, and 26 h compared with baseline (0 h), and those treated with Bup-SR had significantly increased PWP measurements at 3, 6, 12 ( $P < 0.01$ ), 26 ( $P = 0.04$ ), and 48 h ( $P = 0.07$ ; Figure 4). The PWP of guinea pigs treated with Bup-HCl was greatest at 1 h after administration at  $674 \pm 137$  g with a rapid decline by 6 h to  $402 \pm 106$  g and a continued decline back to baseline by 72 h at  $348 \pm 131$  g. In comparison, guinea pigs treated with Bup-SR had a slight increase in PWP (compared with baseline values) at 1 h after administration at  $361 \pm 99$  g, which further increased to  $650 \pm 151$  g at 3 h and peaked at  $680 \pm 81$  g at 12 h. The PWP declined at the following 26, 48 and 72 h time points. The PWP of Bup-HCl-treated guinea pigs at 1 h was significantly greater ( $P < 0.001$ ) than that of Bup-SR-treated guinea pigs. The PWP of Bup-SR-treated guinea pigs was greater than that of Bup-HCl treated animals at both the 6-h ( $P = 0.09$ ) and 12-h ( $P < 0.003$ ) time points.

**Body weight.** Body weight was recorded prior to initiating studies and at the end of the 72-h period. The weight change over the 72-h period did not differ between groups. Bup-HCl-treated guinea pigs had an average weight loss of 0.28 g, and Bup-SR-treated guinea pigs had an average weight loss of 0.22 g.

## Discussion

Buprenorphine is a common analgesic used to mitigate pain in rodent research models, including guinea pigs.<sup>13,14,22,36</sup> However, very little data have been published on the pharmacokinetics and efficacy of Bup in guinea pigs. Sustained-release formulations of Bup have recently become available, providing reduced dosing frequency, prolonged plasma concentrations, and efficacy in rat and mouse models.<sup>15,23</sup> The suggested dosage range for Bup in guinea pigs is 0.05 mg/kg every 8 to 12 h.<sup>14</sup> This dosing regimen is similar to the recommended dosing regimen for mice, which our previous studies showed to lead to plasma concentrations that fell below therapeutic levels between doses.<sup>23</sup> The Bup plasma concentration for the relief of moderate to severe pain in rodent species is between 500 to 1000 pg/mL.<sup>18,23</sup> Although the therapeutic plasma concentration of Bup for guinea pigs is unknown, we targeted a therapeutic level of 500 pg/mL in the current study on the basis of previous findings from mouse, rat, and human studies.<sup>13,18,23,24</sup> The average plasma concentrations for Bup-HCl administered every 12 h fell below 500 pg/mL between 6 and 12 h, suggesting that dosing every 8 h may be more appropriate for maintaining analgesia in guinea pigs. The response in the PWP assay had a sharp decline after 1 h and did not differ from baseline at 6 and 12 h. This finding suggests the analgesic effects in guinea pigs had diminished during the interdosing interval; however, additional investigation is needed to accurately determine the therapeutic plasma concentrations and dosing regimen in guinea pigs. In comparison, Bup-SR maintained plasma concentrations of more than 500 pg/mL until 26 h, which then fell below 500 pg/mL between 26 and 48 h. Given that the plasma concentration at 48 h was 429 pg/mL, a dosing interval of 24 to 48 h may be appropriate for Bup-SR in guinea pigs. More thorough study is required to determine the time point when plasma concentrations fall below therapeutic levels.

We used the RS assay to evaluate the efficacy of Bup analgesia in guinea pigs. This assay measures the withdrawal response of a hindpaw to the application of a linearly increasing mechanical force<sup>1,27</sup> and has been used in many experiments to evaluate analgesics in rats.<sup>2,5,6,8,9,17,29,31,33</sup> The RS assay is considered to be the most predictive among available acute pain models.<sup>17,26</sup> Furthermore, tests that measure tonic pain, such as paw and

**Table 1.** Noncompartmental analysis of Bup-HCl and Bup-SR in guinea pigs

	$C_{\max}$ (ng/mL)	$T_{\max}$ (h)	$t_{1/2}$ (h)	$AUC_{\text{last}}$ (h $\times$ ng/mL)	$T_{\text{last}}$ (h)	$Cl/F_{\text{pred}}$ (mL/h/kg)
Bup-SR (overall)	1344	26	25.3	56,996	72	4.24
Bup-HCl (0–12 h)	2331	1	6.63	4,050	12	8.38
Bup-SR (0–12 h)	1261	6	n.d.	11,593	12	not done

$C_{\max}$ , maximal concentration measured;  $T_{\max}$ , time of  $C_{\max}$ ;  $t_{1/2}$ , terminal half-life;  $AUC_{\text{last}}$ , AUC from time 0 to  $T_{\text{last}}$ ;  $T_{\text{last}}$ , time point to which  $AUC_{\text{last}}$  was calculated;  $Cl/F_{\text{pred}}$ , predicted clearance.

tail pressure tests, are particularly appropriate for assessing postsurgical pain because they activate similar c-polymodal nociceptors.<sup>28</sup> These tests are more effective and more appropriate than are assays that use heat for determining relative analgesic potencies of opioid drugs in guinea pigs and other rodents.<sup>19</sup> Conditioning animals for at least 4 d prior to conducting RS assays improves the test's sensitivity,<sup>1,32</sup> and testing the plantar compared with the dorsal surface of the paw increased repeatability and withdrawal thresholds in rats.<sup>30</sup>

Few reports address the use of the RS assay in guinea pigs. In one report, the assay was conducted similarly to what we describe.<sup>35</sup> To increase the sensitivity of the assay, the guinea pig sows in our study were trained for 5 d before testing began and were tested on the plantar surface of a hindpaw. In previous rat studies, using the last of 3 paw-pressure measurements in the RS assay enlarged the differences between study groups,<sup>1</sup> and the previous guinea pig study used an average of 5 tests.<sup>35</sup> However, in the current study, we found that the first of 3 attempts was the most sensitive—by the third measurement, the guinea pigs anticipated the pressure and withdraw the paw prior to reaching the maximal force, causing a falsely low value. We reduced the anticipated response from the guinea pigs by not repeating the assay at consecutive time points. The previous study allowed for a 6-h rest between test sessions;<sup>35</sup> we provided a rest period of 5 to 24 h between tests, with the exception of 2 guinea pigs during the Bup-SR testing. This modification minimized the anticipated response (that is, the development of tolerance) to PWP testing. The increased frequency of testing and the consequently shortened (3 h) rest period did not seem to affect the PWP results from the 2 guinea pigs that received additional testing.

We found the RS assay to be effective for evaluating the pain response in guinea pigs, because the PWP coincided with the Bup plasma concentrations in the Bup-HCl- and Bup-SR-treated animals. Elevated plasma concentrations were associated with an increase in PWP response, which declined as concentrations waned. This association is evident at the early time points after Bup administration. Bup-HCl showed a spike in plasma concentration and PWP response at 1 h, which fell sharply the first 12 h; in contrast, Bup-SR required some time to be released from the matrix to reach elevated plasma levels, and the PWP increased as the plasma levels increased over the first 12 h. The exception was the 26-h time point of the Bup-HCl treatment. Although the response exceeded baseline, it was lower than expected compared with the plasma levels. Pain perception varies markedly between subjects.<sup>25</sup> Although the responses of individual guinea pigs showed similar trends in each group, interindividual variation might explain the large standard deviations between the groups in our study. For example, one particular guinea pig in the Bup-HCl group showed a maximal PWP response at all time points evaluated (3, 12, and 48 h), whereas the responses of the other guinea pigs declined back to baseline. These atypical responses from the outlier animal

were likely anomalous but were included in the analysis. The sensitivity of the RS assay might have been increased by inducing an inflammatory reaction on the plantar surface of the foot by using a strong adjuvant, such as complete Freund adjuvant.<sup>28</sup>

Both groups of animals showed similar weight changes over the 72-h period, suggesting that increased pica or inappetence may not be a concern with Bup-SR compared with Bup-HCl at these dosages in guinea pigs. In other studies involving mice and rats, Bup-SR was advantageous and led to decreased weight loss compared with Bup-HCl.<sup>20</sup> This result could simply be due to species-associated differences between mice, rats, and guinea pigs; between SR formulations, or in study methods.

The 0.3-mg/kg loading dose for Bup-SR was based on the cumulative dose of Bup-HCl of 0.05 mg/kg every 12 h for 60 h. Sedation was not noted after Bup administration. In addition, the guinea pigs that received Bup-SR developed injection-site reactions that were nonulcerative, nonpainful, roughly 1 cm in diameter, and did not require medical intervention. These lesions were less severe than were the ulcerative lesions reported in previous rodent studies using Bup-SR,<sup>7,15,20</sup> likely because the manufacturer reformulated the matrix to reduce reactivity.

The results of our current study suggest that a single dose of Bup-SR at 0.3 mg/kg provides comparable, or better, analgesia for a prolonged period of time compared with Bup-HCl at 0.05 mg/kg administered every 12 h for 60 h. Although the therapeutic concentration of Bup in guinea pigs is unknown, the Bup-SR provided plasma concentrations that exceeded 500 pg/mL for as long as 24 h. The response of the guinea pigs to the paw-withdrawal stimulus paralleled the plasma concentrations, suggesting analgesic efficacy when plasma levels exceed 500 pg/mL. In addition, Bup-SR decreases animal handling and personnel involvement due to fewer doses, making Bup-SR an acceptable alternative to Bup-HCl for analgesia in guinea pigs. Additional studies to further evaluate the dose–response curve of Bup-SR in guinea pigs will further refine the dosing regimen of Bup-SR, with the potential to sustain plasma concentrations beyond 24 to 48 h.

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